

# Dodgeball Rules

---- New rules for 2008 are highlighted.

The balls for this tournament are "non-stinging" but can still be thrown at a faster pace than a "nerf" ball.

## Starting the Game

- Teams consist of 5 players. The minimum number of players required at game time to prevent forfeit is 4. Coed is at least two of each sex on court to start.
- Each game should last up to 5 minutes.
- Each game starts with smaller balls lined up on the mid-court line. Also, each team will be given an equal amount of larger dodge balls to start the game. Each team must be lined up on their end line at the start. A whistle will blow to begin the game.
- The object is to throw the ball at the opposing team and contact one or more of the opponents. Any person contacted by a thrown ball on the fly is out of the game (deflections off the basketball backboards, bleachers, walls or floor do not count...but deflections off a teammate do count).

## Getting "knocked out" of the game

- The person throwing the ball is out if the ball is caught by an opposing player on the fly. When a ball is caught players DO NOT re-enter the game.
- If you get hit by a ball from the shoulders down you are out of the game.
- If the ball comes in contact with the opposing player's head, the person throwing the ball is out. (If a player ducks or lowers their head and the ball hits their head the player will be out. This is not considered a "head shot" because the ball was not aimed at the head.)
- The thrower is not out if the ball is caught after deflecting off anything other than another player (if the ball does bounce off an opposing player, and is then caught by another opposing player, the only person out is the thrower). Subsequently, if the opposing player blocks the thrown ball with the ball he/she is holding, the thrown ball is dead at that point.
- Once a player is out, he/she must leave the playing area and stand to the side. Players in the game may enter the out of bounds area to retrieve any balls on their side. During this time anyone retrieving out of bounds balls CAN be knocked out. Players who are out are not to assist with out of bounds balls.

## Playing the Game

- All players are confined to two-thirds of a regulation basketball court, with their teams' side being bound by the basketball boundary lines and their restraining line. Any player who steps out of bounds to dodge a ball will be called out. The only exception to this rule is when one player is retrieving balls out of bounds.
- In extreme cases – when a game is going too long – we may implement the three point line rule where they the only safe place to be is within your own 3-point area.
- The winning team is the one with the last person left on the court
- Delaying the game (i.e. holding all of the balls, standing in the corner) is not allowed. If a player does heed the warning of the court official to make a change to what they are doing (or not doing) they may be declared out after being warned. Any player deemed to be not actively making an attempt to engage an opponent shall be declared out.
- The supervisor/official on duty CAN declare players out at any time.

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