

SAND VOLLEYBALL RULES

U.S.V.B.A. and Sand Volleyball rules, with modifications will be used.

1. TEAMS will be made up of 4 players. COED - 2 male and 2 female. You may play with 3 players only if the other team agrees.
2. A MATCH consists of the best 2 of 3 games. Games will be rally score, to 16 points – win by 2 with no cap. If a third game is necessary it will be played to 10 points.
3. TO START THE GAME a coin will be tossed and the winner will choose serve or court. At the beginning of the second game the team that did not serve the first game will serve. If a third game is needed the winner of the original coin will choose again.
4. SUBSTITUTIONS will be limited to 2 per game unless a team BEGINS the game by free substitution at the server's position. In Coed, free substitution is male for male and female for female, at the time of gained service, replacing the next server. If a team deviates from this substitution pattern, only the remaining number of their 2 substitutions will be allowed.
5. ROTATION is clockwise. Rotation of players must occur prior to the first side-out. COED - serving order will alternate male - female - male - female or vice versa.
6. The server or player who has just lost the serve from the right back position will be considered the only back row player. All rules pertaining to back row players will apply to this player only.
7. Each team will be allowed 1 time-out per game.
8. SERVICE: The server must be behind the end line and all players must be in their proper positions before the serve. No assist is allowed on the serve. A ball touching the net and dropping over is illegal. Serving out of turn will result in loss of points and side-out when it is discovered. There will be no screening of the service.

Blocking or Attacking a served ball is prohibited

After the ball has been served players may change positions. A back line player may move to the front to set but may not block or spike.

9. VOLLEY: One volley or contact with the ball is allowed per person in succession (for exception see Blocking). Three volleys are allowed per team.

The ball may be hit with any part of the body, above or below the waist. The ball must clearly rebound from the hands, arms, legs or body. Pushing, lifting and holding are illegal. It is recommended that hard serves be received with a forearm pass. Illegal contact occurs more often with an overhead pass. Double hits are illegal.

Simultaneous contacts of the ball by more than 1 player are allowed but are considered 2 hits. Neither player may participate in the next contact.

10. BLOCKING: In blocking the ball the team which has affected an actual block shall have the right to 3 more contacts. Any player participating in the block in which the ball is contacted shall have the right to make the next contact and it will be the first of the teams 3 hits.
11. OUT OF BOUNDS: The entire ball must always pass over the net at a point between the antennas. All balls that hit any boundary line are considered in bounds. A player must not catch or touch the ball and call it out of bounds. If touched it will be assumed that it was in bounds.
12. CENTER LINE: Any player may contact or go over the centerline as long as they do not interfere with their opponent.

13. Former varsity players are eligible - only two per team
Current varsity players are not eligible

14. PROTESTS: If the team captain wishes to protest the interpretation or application of a rule a time-out must be called and an Intramural Supervisor consulted prior to the next play. Judgement call will not be considered grounds for protest.